Book 45

Title: Herbal Medicine

BismilLahirRahmaanirRaheem

1. The importance of having a herbal medicine Doctor can not be stressed enough; Even if it be through books, or having one abroad from your country etc, it is of utmost importance to have a herbalist to consult your medical problems. They can then prescribe the recommended doses/ dosages and recommended herbs for all your conditions(Wa Allahu A’lam)
2. You must also be willing to read up on herbal medicine and the uses of the herbs which you have been prescribed, so that you know what effect they have on your health, on your healing, on your body, and ask Allah to teach you how to notice the effects on all your faculties(of existence) Wa Allahu A’lam